



## GETTING READY



### Medical history and physical

All entering undergraduate and graduate students must fill out the medical history portion of the physical exam form and provide immunization records (see below). Note that only undergraduates are required to submit documentation of a physical. For graduate students, the physical examination is optional. Make an appointment to see your family's health care provider for a physical for your pre-entrance physical in the summer before your arrival on campus. If you do not have a regular health care provider, the Health Service can provide a physical exam for a fee.

### Immunization requirements

All students are required to have vaccination or verification of immunity against measles, mumps and rubella (MMR) as well as documentation of Tetanus/Diphtheria and Hepatitis B vaccines. Tuberculosis risk assessment is required for all students. Immunization against bacterial meningitis is required for entering students at both the undergraduate and graduate levels.

### Vaccine

MMR (measles mumps rubella) (2 doses)	Required
Tetanus, Diphtheria	Required
Hepatitis B (3 doses)	Required
Meningococcal	Required*

\*Alternatively, incoming students can sign a statement indicating they have received information about meningococcal disease and wish to waive receipt of the vaccine.

### Health insurance

The Commonwealth of Massachusetts requires that full-time students have health insurance. A student may be covered by the student health insurance plan offered by Tufts University, or waive the student health insurance for a plan that has comparable coverage.

*Regardless of your insurance decision, plan to keep a copy of your insurance card and prescription card with you at all times.* For more information, contact your insurance company to get details about out-of-state coverage, referral requirements, and deductibles, to help you make a decision about purchasing student health insurance. See [www.chickering.com](http://www.chickering.com) for information about the Tufts sponsored plan. Printed information about this plan is sent to students during the summer.

**Fees:** Every student pays a mandatory comprehensive health fee, permitting unlimited access to primary care services at the Health Service as well as an intake evaluation at the Counseling Center. Your health insurance may be charged additional fees for special services like laboratory tests. Questions about fees can be discussed at your appointment.



### Tufts University Health Service

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Phone: 617-627-3350 • Fax: 617-627-3592

Academic year hours:  
Monday-Friday 8:00 am - 8:00 pm  
Saturday 10:30 am - 5:00 pm

[ase.tufts.edu/healthservice](http://ase.tufts.edu/healthservice)